




## March 2010 Menu

### National Nutrition Month

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sausage & Cheese Casserole Fruit	Cereal /Toast	Egg & Cheese Biscuit	Scrambled Eggs Cheesy Grits	French Toast Blueberries
1 Chicken Nuggets Steamed Cabbage Potato Tots Roll Orange	2 Oven Fried Chicken Mixed Greens Seasoned Yams Spiced Apples Biscuit	3 Cheesy Lasagna Tossed Salad Corn Mixed Fruit Garlic Breadstick	4 Turkey BBQ Chef Salad Green Beans Potato Salad Mandarin Oranges Corn Muffin	5 Pizza Garden Salad Oven French Fries Peaches



**National School Breakfast Week**  
**March 8-12**  
*Come join us for breakfast. Contact your school cafeteria for more information.*

8 Turkey Deli Combo Sandwich Chef Salad Western Beans Baked Tots Fresh Apple	9 Barbeque Chicken Tender Greens Great Northern Beans Spiced Apples Biscuit	10 Beef Ravioli Steamed Corn Broccoli Mixed Fruit Breadstick	11 Soft Taco Chef Salad Tomato /Lettuce Green Beans Cabbage w/ Carrots Mandarin Oranges	12 Pizza Garden Salad Oven French Fries Peaches
15 <b>Teachers Workday</b>	16 Frank on Bun BBQ Beans Potato Tots Fresh Orange	17 Baked Spaghetti Tossed Salad Corn Breadstick Mixed Fruit	18 Chicken Nuggets Chef Salad Peas Mashed Potatoes Mandarin Oranges	19 Pizza Garden Salad Oven French Fries Peaches
22 Chick Fillet on Bun Chef Salad Baked Beans Potato Tots Fresh Orange	23 Oven Fried Chicken Mixed Greens Potato Salad Spiced Apples Biscuit	24 Baked Ziti Tossed Salad Corn Mixed Fruit Garlic Stick	25 Chicken Salad Chef Salad Green Beans Pasta w/ Veggies Crackers Mandarin Oranges	26 Pizza Garden Salad Oven French Fries Peaches
29 Chicken Nuggets Steamed Cabbage Potato Tots Roll Orange	30 Barbeque Chicken Tender Greens Great Northern Beans Spiced Apples Biscuit	31 Cheesy Lasagna Tossed Salad Corn Mixed Fruit Garlic Breadstick	<b>Dr. Seuss' Birthday</b> <b>March 1<sup>st</sup></b> 	

**All menus are subject to change without prior notice.**

*Breakfast consists of milk, juice, fruit/ vegetable, bread, or meat. All sites serve: Kellogg cereal, juice, fruit and choice of low fat milk toast (upon request) daily. A complete lunch consists of meat entrée, bread, vegetable, fruit, and milk choices. Meal program participants must choose at least 3 different food items per meal.*

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